



Where to get Free Food and Meals during the Covid-19 Crisis in Lewisham



The Coronavirus pandemic is a health emergency and we urge everyone to comply with the government's medical advice to stay at home, only leaving the house when essential.

Here is a list of places currently offering free food during the Covid-19 crisis in Lewisham. Please note these are subject to change so check the project directly.

Food banks, Food Boxes and Community Stores

Eliot Bank and Kelvin Grove Children's Centre Food Bank

Provide food and basic essentials for people in need in the local community. People can self-refer but do need to register with the Centre upon arrival. Contact: 02086130172, Grove Children's Centre, Kirkdale, Sydenham, SE26 6BB open Wednesdays 11am-12.30pm

Evelyn Community Store

Tuesdays 5 – 7pm provide food to Store members and deliver food to vulnerable store members only (£3.50 per week to use the store). Evelyn Community Centre, Kingfisher Square SE8 5TW. To become a member: <https://www.lewishamhomes.org.uk/peoples-supermarket/>

Feed the Hill – free and discounted food box deliveries

Feed the Hill deliver food boxes to local housebound people. Boxes are at cost £10 and delivered for free to people in the ward/local SE14 area via the mutual aid group volunteers. They accept referrals for people who can't afford to pay. Text: 07748713212, by the end of Sunday for next week.

LewCAS Foodbank

The LewCAS foodbank supports refugees and Asylum seekers on Tuesday mornings at St John's Church SE8 4EA, 11am-1pm. Contact Peter Farley-Moore peter.stjohnsdeptford@gmail.com or 07786160993 to refer an individual. <https://www.lewcas.org.uk/>

Lewisham Foodbank

All referrals and requests for support currently go through Lewisham Local's helpline (**03330 150378**) or their online form: <https://www.lewishamlocal.com/request-support/> Please get a referral through an organisation you are linked with (eg jobcentre, school, charity), and Lewisham Local can deliver a free food parcel to you. If you are not linked to an organisation, please call Citizens Advice Lewisham on 0800 231 5453 and they will assess your situation to be referred.

LWCC Food Service

LWCC Food reopen with a delivery service (only) to the SE4 area. Anyone making a request will need to provide their name, address, post code, telephone number, family size, allergies or other dietary requirements. Deliveries will be weekly on Wednesdays only. Referrals need to be made by 3pm on Tuesdays. Lwccfoodservice@gmail.com and 07783441973 (SMS preferred).

Pepys Community Store

The Pepys Social Supermarket opens Friday between 3pm and 6pm for Members around Pepys/Evelyn, Deptford. Address is 199-201 Grove Street, Deptford, SE8 3PG. A paper form can be picked up at the store, or you can join as a member or to volunteer, by completing an online application at <https://www.lewishamhomes.org.uk/pepys-social-supermarket/>

The Helping Hands Food Bank

This food bank run by Action for Refugees Lewisham, supports refugee, asylum-seeker, and vulnerable migrant families who are struggling to feed themselves. Referrals can be made via helen@afri.org.uk or their foodbank@afri.org.uk.

We Care Food Bank

Based Deptford but providing London-wide support through their network. They provide free food box deliveries to anyone that needs food and can give guidance and support on other essential support services. Contact Ray Woolford for more information, 07871187162.

Whitefoot and Downham Food Project

Thursdays 7-8.30pm – Hope Church 480 Whitefoot Lane Downham, BR1 5SF – for those living in the Whitefoot and Downham area - you can self-refer.

Community Meals

The Takeaway Feast – The Jericho Road Project

Kings Church Catford are providing deliveries of cooked meals to vulnerable adults self-isolating on Fridays. Requests and referrals can be sent to: simon.allen@kingschurchlondon.org – please include the number of meals required, delivery address, contact phone number and any dietary requirements.

Ichthus Church Community Table

Friday 2:00-4:00 pm Ichthus Lee Green, 23 Lampmead Road, Lee, SE12 8QJ 07950 255630 – takeaway service and deliveries to local guests by request (subject to capacity).

UCKG Soup Kitchen

UCKG Help Centre 1 Bromley Road Catford, SE6 2TS 0208 6983612. Saturdays 11am-2pm, continuing with provision of snacks, light refreshments and takeaway bags

